

CV

1. Name Surname : Merve SAVICI

2. Date of Birth :

3. Title : Assistant Professor

4. State of Education : Nutrition and Dietetcis, PhD

5. Current Institution : Biruni University, Faculty of Health Sciences, Department of Nutrition

and Dietetics.

Degree	Department	University	Date
Bachelor's	Nutrition and Dietetics	Baskent University	2011
Degree			
Master's	Nutrition and Dietetics	Acibadem Mehmet Ali Aydinlar	2018
Degree		University	
PhD	Nutrition and Dietetics	Acibadem Mehmet Ali Aydinlar	2022
		University	

### 5. Academic Appointments

Assistant Professor (Date) : 2022

Associate Professor (Date) :
Professor (Date) :

### 6. Theses Advised

### 6.1. Postgraduate Theses

The Effect of Different Amounts of Soluble-Insoluble Fiber Consumption on Colonic Transition Rate in Adults, 2018, Istanbul

### 6.2. Doctoral Theses

Production of snack bars enriched with paraprobiotics obtained using banana peel, investigation of nutritional and sensory quality properties of the bar, 2022, İstanbul

#### 7. Publications

### 7.1. Articles published in internationally refereed journals (SCI,SSCI,Arts and Humanities)

### 7.2. Articles published in other internationally refereed journals

**Savici M**, Karaca E. The effect of different amounts of soluble-insoluble fibre consumption on colonic transit time in adults. Medical Records.;1(1):5-14.

Balkanlı A., Karaca Çelik E., **Savıcı M**., The Relationship Between The Level of Accordance with The Mediterranean Diet and The Quality of Sleep in University Students, IDUHeS, 2022; 5(2):587-606

## 7.3. Assertions presented in international scientific congresses and published in the proceedings

Yıldırım G, Sarıyer ET, Ülker MT, **Savıcı M**, Erol Doğan Ö, Baş M, The effects of food insecurity on eating behavior in adolescents, (13.12.2020 -19.12.2020), Published:4. International 22nd National Public Health Congress, 2020

Sarıyer ET., Erol Ö., Ülker MT., **Savici M.,** Yıldırım G. Can a Family Living on Minimum Wage Buy a Healthy and Sustainable Diet? II. International Sustainable Living Congress 19-20 March 2021.

**Savici M**., The Importance of Essential Amino Acids in Autism Spectrum Disorder, "İzmir Democracy University International Health Sciences Congress (ICHES-IDU 2022) (21-22 October 2022)

- 7.4. International books published, or chapters from a book
- 7.5. Articles published in national refereed journals
- 7.6. Assertions presented in national scientific congresses and published in the proceedings.

Savici M, Karaca E. The effect of different amounts of soluble-insoluble fibre consumption on colonic transit time in adults., Acıbadem Mehmet Ali Aydınlar University Healthy Life Symposium 12-15 April 2018

### 7.7. Other publications (National chapter from a book)

Karaca Çelik E., Savici M., (2021), Nutrition, Nutrition, Diet and Health in Adolescents, Chapter 11, Istanbul Education Bookstore

### 8. Projects

#### 9. Administrative Services

- Private Alanya Yaşam Hospital, Dietician (Clinical, Polyclinic, Kitchen)
- -Selçuk University Akşehir Kadir Yallagöz College of Health School, Deputy Director
- -Selçuk University Akşehir Kadir Yallagöz College of Health School, Head of Nutrition and Dietetics Department

### 10. Professional Affiliations

**Turkish Dietitians Association** 

### 11. Fellowships and Awards

# 12. Please fill out the chart below for undergraduate and graduate courses you have given in the last 2 years.

Akademik Yıl	Dönem	Dersin Adı	Haftalık Saati		Öğrenci
			Teorik	Uygulama	Sayısı
2018-2019	Güz	Nutritional Biochemistry 1	3	0	70
		Food Chemistry and Analysis 1	2	2	70
		Professional English 1	2	0	70
		Introduction of Food Science	2	0	70
	İlkbahar	Nutritional Biochemistry 2	3	0	70
		Food Chemistry and Analysis 2	2	2	70
		Professional English 2	2	0	70
		Fundamentals of Nutrition Science	2	0	70
	Güz	Diet Therapy in Adult Diseases 1	4	2	70
		Mass Food Systems 1	3	0	70
		Nutrition Principles 1	4	0	70
2019-2020		Determination of Nutritional Status in the Community	3	0	70
		Introduction to the Profession and Deontology	3	0	70
		Diet Therapy in Adult Diseases 2	4	2	70
		Mass Food Systems 2	3	0	70
		Nutrition Principles 2	3	2	70
		Nutritional Epidemiology in the Community	3	0	70
		Seminar	2	0	70
		Research Methods in Nutritional Sciences	2	2	70
		Nutrition Education	3	0	70
2020-2021	Güz	Diet Therapy in Adult Diseases 1	4	2	70
		Clinical Nutrition Practices- Adult 1	2	8	70
		Mass Food Systems 1	3	0	70
		Nutrition Principles 1	4	0	70

		Determination of Nutritional Status in the Community	3	0	70
		Introduction to the Profession and Deontology	3	0	70
	İlkbahar	Diet Therapy in Adult Diseases 2	4	2	70
		Clinical Nutrition Practices-Adult 2	2	8	70
		Mass Food Systems 2	3	0	70
		Nutrition Principles 2	3	2	70
		Seminar	2	0	70
		Research Methods in Nutritional Sciences	2	2	70
		Nutrition Education	3	0	70
	Güz	Diet Therapy in Adult Diseases 1	4	2	70
2021-2022		Mass Food Systems 1	3	0	70
		Nutrition Principles 1	4	0	70
		Determination of Nutritional Status in the Community	3	0	70
		Introduction to the Profession and Deontology	3	0	70

Note: If given, summer courses should also be added to the chart